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CITY NEWS

The New Journal of Civilization

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**What evil creature
lurks above
Captain Africa
Find out on page 8**

**Listen to Grandma
She knows best!
See page 6**

BRIEFS

Newark recycling rate reaches 50%

NEWARK—The City of Newark announced today that it had reached its ambitious goal to recycle 50% of its municipal solid waste by Earth Day.

According to Newark Mayor Sharpe James, the 50% recycling rate is based on the city's 1983 recycling tonnage figures, which were just verified by the New Jersey Office of Recycling.

"State law mandates that we recycle 25% of our solid waste and we are especially proud of the fact that Newark is exceeding that amount," James said.

Union County supplies flags for veterans' graves

Cemeteries will have flags available, free of charge, for those who wish to place a flag on an unmarked veteran's grave, and veterans groups will be at many cemeteries with markers for a veteran's grave or for information about graves, stones or V.A. assistance.

The flag distribution is aided by Flag Chairman Robert J. Wacker and the Union County Flag Guard Committee. They may be contacted at Graceland Cemetery on the Boulevard in Kenilworth from 9 A.M. to 5 P.M., May 28 to May 30 for assistance, according to Peter Bartus, Veterans Affairs director.

UMDNJ Board of Concerned citizens honor 36 women for service to university, community

Thirty-six women have been honored for outstanding service to the University of Medicine and Dentistry of New Jersey (UMDNJ) and the community at large.

The UMDNJ-Board of Concerned Citizens (BCC) honored the women during a recent luncheon at the UMDNJ-New Jersey Medical School in Newark.

The women, representing many professions, as well as the voluntary sector, received their awards from Mary Mathis-Ford, BCC chairperson, and Isaac Hopkins, vice chairperson. Those honored were chosen from the community and from among UMDNJ employees on the Newark campus.

Mrs. Mathis-Ford said the BCC received nominations from Newark officials, area human service agencies and UMDNJ department heads.

"We wanted to recognize women who go about making the world a better place every day, usually without notice," she said.

Calling the Ceremony "exciting and inspiring," Herbert

(Continued on page 2)

"Comic Relief" presents Mayor James with check for the homeless

Mayor Sharpe James accepted a \$123,500 check for Newark's homeless healthcare program from Bob Zmuda, president/founder and executive producer of HBO's "Comic Relief," and actor Danny Aiello who starred in Spike Lee's "Do the Right Thing."

Also present were former Congressman Peter W. Rodino and Calle Foster-Struggs, director of the Newark Health and Human Services Department, who served as Mistress of Ceremonies for the check presentation which took place this morning at the YMWCA located at 600 Broad Street in Newark.

"Comic Relief '90" will be

televised live on HBO, May 12, from New York's Radio City Music Hall. The annual comedy telethon features comic superstars Robin Williams, Whoopi Goldberg, Billy Crystal and scores of prominent performers. In conjunction with "Comic Relief '90," Newark will put on its own "Newark Comic Relief Concert '90," hosted by Paul Rodriguez, star of the "New Newlywed Show," which will air 5 p.m., May 3, live on Gateway Cable Channel 3. Rodino is the honorary chairman of the Newark Comic Relief committee.

Aiello was nominated for Best Supporting actor in "Do the Right Thing" and has ap-

(Continued on page 7)

D'Alessio holds forum on state of child care

NEWARK—The Democratic candidate for Essex County Executive, Sheriff Tom D'Alessio, held the first in a series of round-table discussions with Essex residents to explore their key concerns.

"One thing I've learned in my years of public life is that the best way to form plans and make decisions is to listen," D'Alessio said. "As an administrator running for Essex County executive, I think these forums will be useful in helping us seek new ways to improve the delivery of county services."

The round table, held at the Glenfield Middle School in

Montclair, focused on the need to better coordinate and fund child care programs. More than 30 child care specialists and parents were in attendance to offer their views on the topic.

In opening the forum, D'Alessio stressed the growing importance that child care has in modern society. "When I was younger and my parents worked, my grandparents were there to take care of me," he said. "But the days of the family with three generations under one roof are gone. Single parents and families with two working parents are the norm, and we have grown to depend on child care facilities."

(Continued on page 3)



The Democratic candidate for Essex County executive, Sheriff Tom D'Alessio (center) met with more than 30 parents and child care providers in Montclair this week to discuss the state of child care in Essex County. D'Alessio chatted with Trish Morris-Yamba (left), director of the Newark Day Center, and Rosa Langston, director of the Mayor's Office on Children in Newark, on ways in which to offer child care services to the growing number of families who need them.

Payne cosponsors National Health Care Resolution

Representative Donald Payne announced his co-sponsorship of Representative Henry Waxman's (D-CA) "Health Care For All" resolution at a press conference called by New Jersey Citizen Action.

The congressman's announcement follows the request by New Jersey Citizen Action, the state's largest citizen coalition, for all 13 New Jersey Members of the House

of Representatives (one seat, formerly held by Governor Jim Florio, is currently vacant) to become co-sponsors.

The Waxman Resolution provides a blue-print for a National Health Care system. It expresses the sense of Congress that we need such a system and its passage would mark the first time that the

(Continued on page 10)



COMIC RELIEF '90—the annual comedy telethon that recently aired on HBO, presented Mayor Sharpe James with a check for \$123,500 to Newark's healthcare program for the homeless. On hand at the presentation were (left to right) Calle Foster-Struggs, director of the Newark Health and Human Services Department, Robert Zmuda, "Comic Relief" founder/president, mayor Sharpe James, former U.S. Congressman Peter W. Rodino, and actor Danny Aiello of Spike Lee's, "Do the Right Thing."

Mitchell selects new city administrator



Beverly Ann Brewer
PLAINFIELD—Mayor Harold Mitchell has announced his selection of Beverly Ann Brewer, currently, assistant city manager of the city of Petersburg, Virginia, as the new city administrator. Harold Gibson who will serve

in that capacity until June 1 has resigned under pressure from the Mitchell administration.

Gibson said he had no choice since the mayor has declined to submit his name to the city council for confirmation to that position.

Some of the fallout in the se-

(Continued on page 10)

Gillette announces scholarship program

The Gillette Company announced a major scholarship program that will award a total of \$20,000 to seven (7) winners in the "you too can make a difference" scholarship sweepstakes.

The program was announced at the NAEPF (National Association For Equal Opportunity in higher education) conference at the Washington Hilton Hotel. Dr.

(Continued on page 4)

New Chief at University Hospital



Otis L. Story
Marc Lory, chief executive officer of the University of Medicine and Dentistry's University Hospital, a 518-bed, teaching hospital in Newark, has announced the appointment of Otis L. Story, Sr., as the hospital's Chief Operating Officer. "The new decade confronts us with

(Continued on page 6)

Black Urban Cowboys come to Paterson

The Seventh Masonic district, Prince Hall Masons F&AM, State of New Jersey will sponsor its fourth annual National Tribute to African-American Heritage Weekend June 8, 9, 10.

The highlights of the event will include the saluting of Black veterans throughout the tri-state area, and the honoring of several Black military generals: Generals Hazel Johnson Brown, William Frye, Fred A. Gordon and Earl Brown. The citations will be given at a dinner reception at the Marriott Hotel, Saddle Brook. The hotel will also be the site of other events at the parley.

John Givens, Chairman of the conference said, "We are holding

this celebration to recognize the achievements that African-Americans have made to their country. Often such contributions are either ignored or belittled by the society. But we don't intend to let anyone forget."

In addition to saluting Black veterans and generals, the Masons will also sponsor a championship rodeo featuring Black Cowboys and Cowgirls. The four-day festival will end with a colorful parade Sunday through the main thoroughfare in the City of Paterson.

Givens also indicated that the celebration will evoke a renewed economic outlook for African-Americans, by reinforcing eco-

nomic achievements made by local and national black business leaders. He also noted that young people in the black community will have a chance to see that there are, indeed, Black Cowboys roaming the asphalt plains, just as they roamed virgin territories during the days of the old wild west. He also stressed that the Masons are convinced they can help make a difference and create an impact upon the destinies of African-Americans through education.

Anticipated proceeds from the festival will go to the United Negro College Scholarship Fund, he

(Continued on page 10)

CITY PEOPLE



NEW BLACK MAYORS' LEADER—Unita Blackwell, left, Mayor of Mayersville, Miss., accepts congratulations following her recent election as President of the National Conference of Black Mayors (NCBM) during the organization's 16th Annual Convention in New Orleans. With Mayor Blackwell are L. Don Brown, (center) Vice President, Manufacturing, Kraft General Foods and Michelle D. Kourouma, Executive Director of the NCBM. Brown welcomed guests to the convention's "Tribute to a Black American Dinner" on behalf of Kraft General Foods and its parent company, Philip Morris Companies Inc., co-sponsors of the dinner. A long-time civil rights activist, Ms. Blackwell worked with the late Fannie Lou Hamer, and others, to create the Mississippi Freedom Democratic Party. The mayor of the 1,000-person town of Mayersville, Ms. Blackwell has been active both nationally and internationally. She is a founder and former Chairperson of the 73-member Black Women Mayor's Caucus within the NCBM. Ms. Blackwell has traveled to The People's Republic of China 15 times and she initiated a five-year-old exchange program between Mayors from China and the NCBM.



(L. to R.) Carter G. Woodson Foundation president, Philip Thomas; David Vaughn, Community Relations Field Manager, Coors Brewing Company; Elizabeth Christopherson, Chairperson, New Jersey State Council on the Arts; Elisa Puzozzi, Benefit Chairperson; and Anderson Glover, Area Manager, Premier Wine Merchants.

Ossie Davis and Ruby Dee to appear at the Newark Library

Ossie Davis and Ruby Dee, each of whom has made a major mark in American theater, film, and television, will perform at The Newark Public Library on May 24th, at 7:00 p.m. in Centennial Hall.

The husband and wife team, lauded for their warm, sensitive, and humorous performances of theater and literary classics, will appear both individually and together during the evening's presentation entitled, "In other words..." The program is a mixture of

dramatic readings interspersed with a history of the minority experience in America.

The performances are presented in cooperation with the OnStage in New Jersey performance series produced by the Carter G. Woodson Foundation. These activities are partially supported by the New Jersey State Council on the Arts, Department of State.

Admission to the program is free. The Newark Public Library is located at 5 Washington Street. For information, telephone 733-7793.

Teaching Sister receives Golden Apple

Sister Lee Ann Amico of the Mount Saint Mary Academy in Plainfield-Watching has been awarded the Golden Apple Teacher Award for the month of April by the Cable Television Network of New Jersey (CTN).

The Golden Apple Teacher Award is a monthly award given by CTN to recognize and honor the outstanding teachers in New Jersey. All award recipients are nominated by their students.

Sister Lee Ann, of the Sisters of Mercy order, teaches Social Studies and is moderator of the Student Council. Her students credit her with making history interesting by relating past events to the present and for encouraging

the students to express their own opinions.

"Sister Lee Ann is a very special teacher with a very special charisma," Sister M. Eloise Clare, Directress of Mt. Saint Mary Academy, said. "She teaches the students to think critically and is aware of the problems teenagers have."

"She helps us out with outside activities and encourages us to be leaders," Senior Laura Perez said. Perez also said that Sister Lee Ann is one of her role models.

"She teaches us to voice our own opinions—no matter what the subject is. Her favorite saying is 'Ignorance is doomed,'" Doris Dail, a senior said.



(L. to R.) Sister M. Eloise Clare, Directress Mount Saint Mary Academy; Sister Lee Ann Amico; and Jim Otto, Affiliate Relations Manager for CTN.

Leaders and volunteers honored for contributions to community



honorees to join him in being ambassadors for UMDNJ.

Those honored were:

Newark: Vivian Boone and Jeanne Scantling-Branch, long-time UMDNJ and UMDNJ-University Hospital volunteers; Tina Braswell, education director of Planned Parenthood of Essex County, for providing sex education information to Newark schools; Gloria Cartwright, corporate

A. Roemmele, chairman of the UMDNJ Board of Trustees, said, "I am heartened to hear all of you are doing as citizens of Newark, as citizens of New Jersey and as supporters of UMDNJ."

Mr. Roemmele invited the human rights organizer; Joan Caserta, nominee for community service; Alfreda Hunt-Coles and her daughter, Annetta Louise Coles, for service to Essex County home-

less people; Juanita Gray, senior citizens advocate;

Also, B. Agnolia Wheeler-Holland, for dedicated voluntarism; Maria Hsieh, of UMDNJ's operations department, for service to the BCC's projects and activities; Also, Linda Stevenson, Kearny, assistant to the secretary of the UMDNJ Board of Trustees, for service to the BCC;

Union County: Pat Joyner, Elizabeth, for drug-abuse prevention programs in Newark schools; and Kim Osterhoudt, Plainfield, director of business services and contracts management at UMDNJ, for helping to bring safe, affordable day care to the university.

Bergen: Marie Shebun-chak, Garfield, UMDNJ Office of the Registrar, for efforts to help bring UMDNJ to Top 25 status.

Middlesex: Ruth Reina, of Woodbridge, community service director at Planned Parenthood of Essex County, for dedicated community service and for initiating family planning at UMDNJ.

The Board of Concerned Citizens, comprising Newark area residents, business leaders and professionals, was formed to provide a bridge between UMDNJ and the community. The BCC held its men's awards luncheon earlier this year.

Hudson County: Superior Court Judge Myrna Milan, Jersey City, for outstanding achievement in criminal justice and mentoring Hispanic youth in Jersey City; and Linda Stevenson, Kearny, assistant to the secretary of the UMDNJ Board of Trustees, for service to the BCC;

Union County: Pat Joyner, Elizabeth, for drug-abuse prevention programs in Newark schools; and Kim Osterhoudt, Plainfield, director of business services and contracts management at UMDNJ, for helping to bring safe, affordable day care to the university.

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IS IT IMPORTANT FOR YOU TO KNOW

YES NO

Is it important to know the positive accomplishments of African American men & women, boys & girls, religious, educational, social, civic and political leaders?

YES NO

Is it important for you to know the stores & companies that want African American business & want to hire African Americans?

YES NO

Is it important for you to know what is happening in your churches, schools, civic & social organizations, and city government and its agencies?

YES NO

Is it important that your voice be heard in the community?

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COMMUNITY CALENDAR

May 13-19
WESTFIELD—In observance of National Alcohol & Other Drug-Related Birth Defects Awareness Week, the Union County Council on Alcoholism and Other Drug Addictions, Inc. is offering free information to expectant mothers and women planning to start a family on the dangers of alcohol and other drugs to the unborn child. Call 201-233-8810.

Thursday, May 17
PLAINFIELD—The Central Jersey Chamber of Commerce business seminar, "Dealing with a Dual Language Workplace" will take place from 8 a.m. to 10 a.m. at Union County College, Plainfield. For further information call 201-754-7250.

SOMERVILLE—Steven J. Madonna, the state's first environmental prosecutor, will speak about his role and what New Jersey is doing to protect the environment at an 11:30 luncheon held at the Somerset Hilton. Sponsored by the Greater Somerset County Chamber of Commerce, the program is one of the highlights to the Industrial Business Expo taking place at the Garden state Convention Center in Somerset. Call 201-725-1552 for reservations.

Tuesday, May 22
UNION—A free self-help group for persons with anorexia nervosa, bulimia and compulsive eating problems will take place from 8 to 9 p.m. at 524 South Livingston Avenue. To register call the New Jersey Eating Disorders Hotline at 1-800-624-2268.

Wednesday, May 30
EDISON—"Kids on the Block" will present an overview of programs for elementary, middle & High School levels to teach an awareness of learning disabilities. Held at the Stetson Community Center. Call 201-254-3316.

Thursday, June 14
UNION—Avoiding potentially crippling environmental liabilities and complying with environmental regulations will be the subject of the half-day conference at Kean College from 8:30 a.m. to 12 p.m. For further information call 201-527-1166.

June 25-August 29
EDISON—A variety of specially-designed educational, recreational and social skills group programs for children and teenagers with developmental delays and special needs are being offered this summer through the Johnson Rehabilitation Institute of JFK Medical Center. To arrange an appointment or for more information call 201-548-7610.

The Money Store offers new home improvement loan program

Even if they do not have equity in their homes, New Jersey homeowners can now obtain loans for home improvements under a new program offered by The Money Store, Inc., the nation's leading independent home mortgage lender.

The loan program, made possible by the Federal Housing Agency's Title One program, provides qualified homeowners with home improvement loans for amounts up to \$17,500 for single family and duplex homes. Loans can be made for amounts up to \$43,750 for improvements made to multi-family dwellings of five units or more.

According to the most re-

cent statistics obtained from the National Census Bureau, home remodeling and improvements are a booming business with more than \$101 billion spent on remodeling in the United States during 1988. The two most popular forms of remodeling are upgrading kitchens and baths, with more than 10 million of these rooms remodeled during 1988, according to the National Kitchen and Bath Association.

"There seems to be a consumer trend toward home improvements," says Tom Hewitt, vice president of the FHA Title One Division of The Money

Store. "Just look around any neighborhood and you will see there are more home improvement centers and expanded home improvement departments in stores like Sears or K-Mart.

Hewitt added there is a great demand for this type of financing by homeowners who recently purchased a "handyman's special" or who have been in an older home for a number of years.

"People who purchase homes known as 'handyman specials,' which need repairs, can use our FHA Title One

loans to make improvements to that property," says Hewitt. "They could not afford to make repairs otherwise because they probably have little or no equity in the property and could not qualify for a traditional home equity loan."

"Traditional home equity loans may also be restrictive in that they require a homeowner have lived in the home for a specified minimum length of time. FHA Title One loans are not restricted in these ways. They can be made for up to 100 percent loan to value and more and there is no time require-

ment for pre-owned homes. However, if the borrower is seeking a home improvement loan on a newly constructed house, we require that he have occupied the new home for at least 90 days.

Borrowers have the option of completing the improvements themselves or using a professional contractor. The funds can be used for any type of home improvement, from interior decorating to fencing and landscaping. The only stipulation is that the improvement be permanent and affixed to the house and not a luxury item such as a swimming pool or

spa. The loans are offered to qualified homeowners at fixed rates with up to 15 years for repayment and no prepayment penalties. In most instances, the interest on the loan is tax deductible.

According to Hewitt, The Money Store will be one of the first lenders seeking to offer the loan program on a nationwide basis. Currently the program is available only to New Jersey homeowners.

For more information on Money Store Home Improvement Loans, call toll-free 1-800-LOAN-YES.

Now that you have filed your taxes...

You are probably sitting back, relaxing in your easy chair after having just mailed in your 1989 tax form. Maybe you are even waiting for a refund. If you are like most people, the last thing you want to do is think about your 1990 return.

But waiting until next April to take action involving your 1990 taxes is a mistake. By then it is too late to do anything about your tax bill except pay it.

The time to act is now. The best way to reduce your taxes is to reduce your taxable income. The New Jersey Society of Certified Public Accountants (NJSCPA) recommends that you begin taking steps to reduce your 1990 tax bill now.

If your company sponsors a 401(k) plan and you are eligible to join, you should enroll. The money you deposit into a plan is deducted from your gross income up to \$7,979 for 1990.

The interest on your 401(k) is tax-deferred. Many employees match a certain percentage of your contribution, up to a point, so your savings grow at an even faster rate.

Another way to lower your tax bill is to choose some tax-free or tax-deferred investments. You can purchase municipal bonds from your own state and the interest paid is free from federal and state taxes. Another option is to place your money in a tax-

deferred money market fund and the interest is exempt from federal, and possibly state taxes as well. You might also consider other tax-advantaged investments such as Series EE Savings Bonds and Treasury Bills.

If you are having too much or too little withholding deducted from your paycheck, make the correction now. Even though it is nice to receive a refund from the government, why should they have use of

your money tax-free for so long? However, if you are underpaying your taxes, or if less than 90 percent of your tax liability is withheld, you may be faced with a penalty.

Now is also a good time to reduce consumer debt if you have not already begun to do so. Only 10 percent of interest paid on personal loans, credit card accounts or unpaid tax bills is deductible in 1990. In 1991 the deduction will be

completely eliminated. To get professional tax planning help, consult a Certified Public Accountant.

The New Jersey Society of Certified Public Accountants represents 12,000 members in public accounting, industry, education, government and nonprofit organizations.

Get Busy

Child care forum

(Continued from page 1)

Audrey Fletcher, director of the Montclair Child Development Center in Montclair who co-chaired the forum, said D'Alessio, "This forum marks the first time my colleagues in Essex County have had the opportunity to open a dialogue. County government has to take a more active role in coordinating efforts at all levels to see that anyone who needs child care services gets it."

Trish Morris-Yamba, di-

rector of the Newark Day Center, said she was especially concerned with the affordability of child care after D'Alessio cited one statistic describing how a woman working full-time at minimum wage would have to spend between thirty and forty percent of her pay-check on child care.

D'Alessio said that he did not foresee any future increases in the county budget. He added, "Considering that budgets are becoming tighter

throughout the state, we definitely need to be more creative in terms of financing. Public-private partnerships can help in this area, as can aggressive searches for alternative funding sources."

D'Alessio discussed the acute shortage of child care services that currently exists in Essex County. As an example, he pointed out that over 600 parents recently expressed interest in county government-owned planned child care program for employees, yet only 33 spots are available and will be filled through a lottery.

The sheriff recalled his own experiences in law enforcement in touching on the risks that "latch-key" children are exposed to. He said that children without after-school supervision "can fall prey to the negative elements on the streets," including drugs.

Sarah Hansford, director of the East Orange Child Development Corporation, added that recreational programs would fill a similar void for latch-key kids ages 13 to 16. "While they don't need child care per se," she said, "they are exposed to the same risks as younger children and need positive activities to pursue during those hours when their parents aren't home."

D'Alessio said that the development of child care facilities will have strong economic implications for Essex County. "More than half of all the children in Essex County live in single parent households headed by women, and almost three-quarters of all Essex families in poverty are headed by women," he said. "Single parents need the opportunity to hold a job, to improve their own condition, and to contribute to the county economy."

"The need for child care, he added, "also extends to families headed by two parents who require both incomes and those who exercise their right to a fulfilling career."

Barbara Federoff, director of Programs for Parents in Verona and co-coordinator of the forum, said that she and other participants were pleased that D'Alessio had sought their views on child care. "I've impressed by Tom D'Alessio's commitment to kids as sheriff and in the campaign," she said. "It's important that public officials keep the lines of commu-

nication open with people who are working on the front lines of various issues."

In his campaign for county executive, D'Alessio has planned other forums which will examine senior citizen's concerns, homelessness, and Essex County's business climate.

Other participants in the child care forum included Veronica Ray, Director of The Leaguers, Inc.; Rosa Langston, director of the Newark Mayor's Office on Children; Patricia Cousins, director of the Mountaintop Hospital Employees Child Care Program; Connie Snipes, director of the Neighborhood Center in Montclair; and Elizabeth Rose Laws, director of Day Nurseries, Inc. in Montclair.

Nordstrum to head Central Jersey Chamber

Thomas van Arsdale, Chairman of the Board of Directors of Central Jersey Chamber of Commerce, announced that Jane L. Nordstrum of Asbury will succeed Evelyn Minnella as President of the Chamber. Ms. Nordstrum becomes the second woman to head the 400 plus member business organization in its 72 year history. She brings a dynamic and creative viewpoint to the Chamber post, stressing that the Chamber must use the strength of its membership to focus on issues which affect growth and welfare of the business community.

Prior to coming to the Chamber, Ms. Nordstrum was Director of Marketing and Sales for DeKor, Inc. Realty located in Plainfield and acted as liaison for the recently formed Latin American Chamber of Commerce of Central Jersey with the community.

The Central Jersey Chamber of Commerce, located in Plainfield, New Jersey, is dedicated to serving the economic, civic and cultural welfare of Plainfield, North Plainfield, South Plainfield, Warren Watchung, Scotch Plains, Fanwood, Piscataway, Green Brook and Nutley.

On the Money

Beware The Naked Man Who Offers You His Shirt: When Maya Angelou recited the powerful African proverb while speaking in Minneapolis, little did she know Harvey MacKay, best-selling author and renowned speaker would be in the audience. In fact, it sparked the title of his current best-seller, "Beware The Naked Man Who Offers You His Shirt." MacKay, however, lectures most often on the book's subtitle, "do what you love, love what you do and deliver what you promise." Unfortunately, MacKay says, "about 40% of all Americans just have a job. They go to work, they truly don't care about their performance, they come home and never think about their jobs." Dubbed by Fortune Magazine as "Mr. Make-Things-Happen," MacKay inherited a near insolvent company at the age of 26 and in spite of price wars and labor strikes, turned it into a wholly profitable empire. He's since put down his own philosophies of getting ahead into tapes, a TV program and two best-selling books. For starters, MacKay says one should have a goal—"A dream with a deadline." Then, MacKay says one should "find some advisors, friends—mentors to boost your confidence. (And you must believe in yourself even when no one else does.) Number two, know that you are going to fail. What keeps most people back is their fear of failure. They're in the comfort zone and don't want to take a risk, therefore they don't progress. It's often more risky not to take a risk."

MacKay, who's had his own share of adventures says it's not dog eat dog, but rat eat rat. But I know that failure is part of success and therefore I'm a pretty persistent cuss. I also know that in order to be successful you must pay attention to detail. Little things mean everything. Patience also counts as a factor. "I always tell young people, you learn in your twenties and you earn in your thirties. However, if you're not practicing the right concepts, they're not going to work. A lot of people think they have dead ends," he said. "Nothing could be further from the truth." According to MacKay, what they lack is creativity. Lastly, MacKay cautions, "you can't be creative and you don't do yourself credit in the thought processes when you have other serious problems at home to take care of. Solve those problems first and then try and go on."

Did you know that the nation's first black banks grew out of black fraternal orders and lodges—particularly the Mason and the Elks. In fact, it is estimated that between 1870 and 1920, blacks contributed over \$168 million to fraternal orders. For the record, the first black bank—the Freedmen's Savings and Trust Company, was chartered in 1865 to assist freed slaves in entering the economic community. Its capitalization came from hundreds of thousands of dollars worth of unclaimed deposits of black soldiers who either died or disappeared during the Civil War. By 1871, the bank boasted 34 branches, 70,000 depositors and funds totalling approximately \$20 million. However, by the time Frederick Douglass signed on as its first black president, the bank was already in trouble due to mismanagement. Despite his own valiant attempts including a personal investment of \$10,000, it closed its doors just three months later.

In Short: A recent study by the Rand Corporation finds that disproportionately high numbers of blacks and Hispanics are assigned to low-ability math and science classes. This practice of grouping students (which some refer to as racial segregation) creates inferior opportunities for black and Hispanic students to learn math and science. It continues, the U.S. labor Department projects that minorities will grow to 26% of the labor pool (they currently make up 20%) while demand will be for those with specialized and sophisticated math and science training. Everything seems to have come full circle for former Green Bay Packer all-pro Willie Davis who sold his beer distributorship to concentrate more of his time to radio (he owns five stations). Davis was recently appointed by Mayor Bradley as chairman of a committee to find a professional team to replace the departing Raiders (once they decide if and where they are departing to).

We would like to point out that our charter subscription rate of \$10 will end as of June 30, 1990. Subscriptions beginning July 1, 1990 will be \$25.

COMMENTARY

Editorial

Giving young people a chance

While attending the reception for the United Negro College Fund 1990 Campaign Kick Off and Leadership Awards Dinner for historically Black Colleges hosted by Governor James Florio and Lucinda Florio, we were touched by a story related by Dr. Robert L. Albright, President of Johnson C. Smith University and keynote speaker. He related the story of a young man who applied to the college with test scores barely above chance, less than 500 on the SAT combined verbal and math. After much hesitation and thought, Dr. Albright admitted the young man after realizing how determined he was. This young man was so poor that he was paying for the long distance calls to the admissions office with money earned from selling scrap metal and glass he picked up on the highway near his home. Although he graduated from high school with a C average, his admissions test scores were so low, most colleges would have used them as the primary reason for not admitting him through their doors.

The first semester in college this young man had top grades in his science courses. He graduated with honors and went on to a medical school in the East where he also graduated with honors. He is now a practicing physician in the community that gave him a start. This story is not an isolated story. Historically black colleges for years have graduated student who would not have been accepted to other colleges and produced doctors, lawyers, teachers, and many other standouts. The stories of these successes are not a surprise to any of us who understand the talent, creativity, and intellect that exist in our community.

In addition to showing what the historically Black Colleges accomplish, these stories point out the power of test scores to define and totally limit access to opportunity to learn and grow for people with great potential for achievement. If America is to salvage the dream created in the public schools, the state will have to change from its total dependence on a test driven educational foundation to a children driven foundation. A children driven foundation dictates that we educate based upon what children's needs in order to grow socially and academically, rather than on a test driven foundation which places children in restricted tracks based on general test performance.

We encourage the new commissioner of education to look seriously at the over dependence and overuse of standardized testing to drive the educational systems in New Jersey. Tests determine who is educated, how they are educated, and where they are educated in the public schools of New Jersey. We must give our children the time needed to be educated and become positive contributors to the community and society.

Gillette Scholarships

(Continued from page 1)

Samuel Myers, president of NAFEO, was on hand for the presentation and received a specially engraved Waterman pen from Gillette to commemorate the occasion.

Velma Jeffers, director of special market development for Gillette made the announcement to an audience of students and educators, "this program is a first for Gillette. We hope that our efforts, along with those of other corporations, will enable more black students to realize their potential to succeed in life by getting a college education that equips them to compete in a com-

petitive world." She went on to say, "this scholarship program is a continuation of Gillette's support to black colleges through the UNCF (United Negro College Fund) in past years and now with NAFEO."

The "You Too Can Make A Difference" scholarships must be used to attend NAFEO schools, the 117 historically and predominantly black colleges and universities throughout the United States. Entry forms will appear in the May issue of Essence magazine. They will also be available at retail stores where Gillette products are sold.

Quote of the Week

For colored people to acquire learning in this country makes tyrants quake and tremble on their sand foundation.

David Walker



CITY NEWS

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As I see it...

Commentary by
Connie Woodruff

As the eight candidates for an at-large council seat in Newark prepare to face one another in a run-off election campaign, at least one of last Tuesday's losers prepares for a new position in the Sharpe James administration.

Last Friday Mayor James announced the appointment of Geraldine (Gigi) Foushee as Deputy Mayor, replacing Sylvia Guano who left months ago for personal reasons.

Foushee, the first woman to serve as ABC secretary for Newark, will be in an "acting" position until his inauguration July 1.

When Foushee, a Newark police officer on leave, entered the council race last Spring, it was expected Mayor James, who appointed her to the ABC, would be active and endorse her campaign. He did neither although two other city hall employees were also in the race.

Deputy Mayor, Luis Quintana, a Puerto Rican activist will be in the run-off for councilman-at-large and former Assistant Mayor Eugene Thompson, who lost his bid to unseat Central Ward councilman George Branch.

After failing to win an opportunity to face incumbent at-large council members in the run-off election, Foushee met with supporters promising that despite her disappointment, she would remain active in the city and in the political arena. She did little to hide her chagrin at an administration she worked hard to put in office four years ago.

Prior to the election Foushee had announced she did not desire to remain on the ABC Board and was planning to resign. Mayor James met with Foushee last Friday hours before he announced her appointment.

Foushee did not reveal the details of the meeting which is rumored with Mayor James and he is on his way for an official visit to Japan.

Despite efforts to block her appointment, Pearl Beatty, former Essex County Prosecutor, Secretary to Newark's Planning Board and member of the Newark Housing and Rehabilitation Commission, will report to work at the Martin Luther King, Jr. Commemorative Commission of-

fices in Newark next week.

Beatty, who has been replaced as Deputy Superintendent of Elections for Essex County, was appointed to succeed Sarahah Sobin of Maplewood as Executive Director of the MLK Commission several weeks ago by Governor Florio.

Leading the charge to keep Sobin in the job she has held for several years, has been Dr. Clement Alexander Price whom the governor appointed to succeed former Governor Richard Hughes, a co-chairman of the commission.

According to "insiders" Price has been aided and abetted by Commission members that include Don Miller of Montclair and Mayor James of Newark.

Florio "spokesmen" insist the Governor will stand behind his appointee who is considered more than capable of handling the job of this poorly constituted commission legislators gave permanent status in 1989.

Beatty, a lifelong Democratic Newarker, held various city positions prior to joining Essex County staff. She holds a degree in Public Administration from Slaw University and enhanced her political career during Mayor Kenneth Gibson's 16 years in office.

In a telephone conversation Beatty said she "welcomes the challenge of carrying out the Commission's mandate to keep Dr. King's message of human rights vibrant in New Jersey."

Pointing to her own long history as a civil rights activist Beatty said she too is "one of those people who walked with King in Selma and Montgomery."

Beatty also said she is "aware" of "some opposition" to her appointment but will not be deterred in her determination to make the MLK Commission and its grants program "available to groups and communities that sponsor programs increasing state attention to the Messenger (Dr. King) and the message he preached world-wide."

"Ironically," the rumor that Beatty will face an "extremely hostile" board of Commissioners is false. Certainly such behavior would not be in keeping with the King philosophy.

Since Beatty will not be the first of unpleasant political encounters for Pearl Beatty, she may take any and all difficulties in stride as she moves to fulfill her new responsibilities.

But those who support Florio's action to appoint a bona fide community activist to work with people of all ethnic, ages and social strata as Dr. King did through his civil rights movement, will not be willing to turn the other cheek to those who challenge a traditional gubernatorial prerogative.

Babies born with FAS usually are very small and have abnormally small heads. These babies often have malformed organs, especially

their hearts. As they grow, the behavior of babies with FAS is different from that of other children. Most are mentally retarded and many are hyperactive or have poor coordination and learning problems. Babies born with FAE have some but not all of the characteristics of babies with FAS, and may be small, restless and slowgrowing, and may have below normal IQs.

At least one baby in 750 is born with FAS, or about 3,000 babies each year in the United States. For every child born with FAS, it's estimated that 10 others may be born with FAE.

Through its national Campaign for Healthier Babies, the March of Dimes has intensified its efforts to prevent birth defects, low birthweight and infant death. In addition to supporting educational and community programs and research grants, the foundation joins with other organizations to focus public attention on newborn health problems including alcohol's effects on pregnant women and their babies, and to increase the number of babies born healthy.

For more information call the North Jersey Chapter of the March of Dimes at (201) 882-0700.

Obviously those who seek to change the rules have forgotten one of the many rules of politics: To the victor (and his/her supporters) belong the spoils.

Something strange and unpleasant is happening to politics in Newark.

No politician in his or her right mind should rejoice as a result of last week's election for Mayor and city council. Only about a third of the registered voters bothered to cast a ballot and out of less than 34,000 who voted, a mere 23,300 valid votes for Mayor James ran unopposed.

The Mayor should be wondering what happened to those 10,000 folks? And Councilman Ralph Grant should be the most upset because he was denied a first-ballot victory by a scant margin.

All of the political pundits who predicted Councilman-at-large Donald Tucker would run far ahead of his opponents were surprised at the outcome and attributed the upset to the fact Mayor James made it perfectly clear Tucker did not have his support.

Once again Newarkers failed to elect a Black woman to the city council but two of them: Mildred Crump and Carole Graves, are in the run-off.

Mayor James has said he will support these candidates and people are taking bets with the odds of one of them won't be a Black female.

Protecting our treasures

by
Sharon
Khadif
Vincent



It wasn't a very happy Mother's Day for the mothers and families of

Philip Pannell, Yusuf Hawkins, Michael Griffin, Michael Stewart, and other brothers and sisters who have been the victims of brutality and violence by the police or racist mob attacks. The mothers of Santana Hannah and Terris Woods can find no comfort at the suspicious and questionable deaths of their police custody of their sons. There were no flowers, phone calls, cards, hugs, smiles or "hi, mom" for these mothers on this Mother's Day.

Young Alvin Hannah has tied a red ribbon around the tree outside their home as a symbolic gesture to demand answers to the many questions that remain to be answered in the death of their son, Santana Hannah, who supposedly committed suicide by hanging himself with his sweat pants while in police custody. The red ribbon would appear to be an appropriate color as it also symbolizes the blood that our people have shed in the Black Liberation Fight.

The handling of the Santana Hannah case is a clear example of how the secret grand jury can be so much more effective in hiding and why it is important for people to understand how the system operates. Alton Maddox and C. Vernon Mason have been very vocal in speaking out against the abuses that can occur when a prosecutor brings a case in front of the grand jury and have opted in highly charged cases such as the Tawana Brawley or Michael Griffin cases for non-cooperation, until a special prosecutor has been named and appointed. They believe that in cases where police officers or other police personnel may be involved that the prosecutor's office may be reluctant to pursue the case as aggressively as they could because of possible friendships or relationships. Whether this may be only misguided perception or a very real concern, the facts are there to be judged by all the people.

Certainly, Mr. and Mrs. Hannah felt that the concern appeared to be on discrediting their real concern for the safety of their son, Hannah, after he had called them to complain of being brutalized by the police. They are determined to continue to seek out the truth con-

Meantime, Puerto Ricans (who showed a rowing sophistication in the art of bullet-voting) claim they were double-crossed in wards where the leadership had pledged to support their candidate, Luis Quintana.

Newark's growing Hispanic communities have as much right as anyone to be governed by a man or woman representing the second largest ethnic in the city. If the Hispanic population continues to escalate, within a few years it will outnumber Black residents and will not have to coalesce with another racial group to be elected. That's when the real fun and games in the politics will surface.

If Victor DeLuca, the East Ward activist withdraws as a candidate in the run-off election June 12 as reported by a "close friend," the burning question is why? and to whom he will give his support?

DeLuca has made several futile attempts to be elected to the city council and was one of the more knowledgeable campaigners (including several fifth incumbents) in the field. He finished May 12 with 12 votes. Friends say he has not run out of steam but money could be a factor in determining whether or not he will continue to pursue victory.

We were in Atlantic City this past weekend and things are not looking good for Mayor Jim Usury who faces a June 12 run-off election as the underdog challenger to the incumbent, more than that next week.

cerning their son's death though, and they refused to be pacified or dissuaded from speaking out the truth and demanding justice for Santana Hannah. They feel that the grand jury's report is inadequate and leaves more questions unanswered and unresolved, and that the investigation by the FBI should continue. The FBI is also supposed to be investigating the Terris Woods case.

What's very disturbing and troubling about this situation is the circumstances surrounding these two cases, is the total silence from the "so-called" leadership in Plainfield. Not one statement of concern or sympathy has been made from any of the elected officials or members of the clergy about these cases. At best, one would think that people should be concerned that two young men died under conditions that were so wantonly negligent. If our civil rights are to be protected, then we must be concerned whenever anybody's rights appear to be violated, regardless of whether or not the manner or behavior of these individuals. A simple statement just voicing some type of concern over the loss of a young person's life would have appeared to be in order, but none was heard.

Our young people are watching and listening. Can we really blame them when they feel that no one cares about them? Can we really blame them for following and being influenced by the negative elements in our community when they see the "so-called" leadership either too scared, or too apathetic or judgmental to speak out for the principles of justice and democracy for all even children of the oppressed?

Is it too much for our children to expect from us, guidance and direction? It could be that there are people who believe that they can win the hearts of the children of the children, because we aren't going to protest too much. In fact, they can count on many of us to even help judge and condemn them without the benefit of a trial and jury. Yes, young people have a right to be angry, mad, upset, disillusioned and resentful at the cowardly behavior of the people they have been taught to look up to.

As a mother, I would expect that any father, mother, grand-mother, grandfather, aunt, uncle, etc. should be distraught at the continued loss of life of far too many young people. Whether it be drug, senseless violence and murder, it has to be stopped and stopped now. We must let our young people know, that we are their advocates, and that we will not allow their lives to be disregarded like useless garbage. If we believe they are precious gifts from God-let's show them, that we will protect our treasures.

RELIGION

RELIGIOUS

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An independent church
practicing Christian Science
Sunday Service 11:00 AM
Sunday School 11:00 AM
Wednesday Healing Meeting 8:15 PM
9th Street and Prospect Avenue
Nursery Available
756-4669

Mount Olive Baptist Church
216 Liberty Street Plainfield, New Jersey 07060
Rev. Donald Nunn, Sr., Pastor
754-3339
Sunday School 9:30 a.m.
Su. day Worship 11:00 a.m.
Prayer Meeting - Wednesday 8:00 p.m.
Bible Class - Wednesday 7:00 p.m.
15th Nyon Prayer - Saturday 12:00 NOON
General Bible Class 12:00 NOON Saturday

Church of God and Saints in Christ
1301 West Front Street
Plainfield, NJ 07060
(Corner of Clinton & Front)
201-463-3069
Pastor Charles David Nelson
Saturday Worship 10 a.m.
Sunday Worship 12:30 p.m.
Wednesday General Bible Class 7:30 p.m.
Thursday General Bible Class 7:30 p.m.
Friday Worship 7:30 p.m.
Feeding Once A Week
Contact 463-3069 for further information

First United Methodist Church
631 E. Front Street
Plainfield, NJ
Dr. Charles W. Miller, Jr., Pastor
Phone: 756-2684
Sunday School - 9:15 a.m.
Sunday Worship Service - 10:30 a.m.

Appreciation luncheon honors those who have given to community

The 17th District leaders and friends of the central ward are sponsoring the First Annual Appreciation Luncheon to honor Ms. Betty J. Phillips, Dr. James A. Scott of Bethany Baptist Church, Mr. Harvey Glover, Sr., Ms. Beatrice High, and a young achiever

from the Warren Street School. Deacon Mable Guthrie will be their Guest speaker, and Ms. Naomi Webb, Chairperson of the Spiritual Task Force of the Mission society at the Mt. Zion Baptist Church will offer an inspirational reading. This is their way of saying

"Thank you" to the honorees for their contributions to the community. The theme of the program is "YOU LIT THE FLAME-WE CARRY THE TORCH". For further information you may contact V. Morton at 623-3220 or E. Carrington at 642-8280.

Craft show in Plainfield

More than 50 crafters from all over New Jersey will converge in Plainfield Saturday, May 19 for the Second Annual Craft Show at First Unitarian Society, 724 Park Avenue.

Admission is free. Shoppers will find unique, hand-crafted gifts, clothing, home accessories not available in retail stores. Gardeners will find live plants, both flowers and veg-

etables, beautiful pots and planters.

Other items will include a wide variety of unusual jewelry, hand-painted scarves, T-shirts, silk-flower baskets, wreaths; pillows, quilts, frames, wall-hangings, photographic crafts, watercolors, folk art, Victorian accessories, "found objects", inlaid wood, wicker, clay, blown glass and much more. For youngsters, there will be children's crafts, rag dolls, hand puppets, stuffed toys; for baby, colorful mobiles. Gifts for newlyweds include musical wedding keepsakes, laminated mementos.

The Show, with booths and tables indoors and out, will be held rain or shine from 9 AM to 4 PM. Proceeds will benefit the church, which supports social action activities to aid the area's homeless.

Bethany pays tribute to its leaders

Masso's Caterers in Glassboro, New Jersey, was the site of a joyous celebration as the Bethany Baptist Association of Southern New Jersey honored all past and present Moderators and Presidents of the various auxiliaries. This May 5th banquet, which was attended by over 200 persons, was chaired by the Rev-

erend J.C. Jones, the honored pastor of the Mt. Zion Baptist Church in Glassboro. Reverend Jones was appointed by the current Moderator, the Reverend George T. Hairston, to coordinate the work of the association's fundraising committee.

The inspirational and most enjoyable program included a forceful and powerful message by

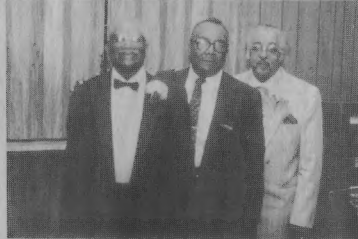
the Reverend James S. Hall pastor of the Triumph Baptist Church in Philadelphia, Pennsylvania, and Vice-President-at-large of the Pennsylvania Baptist State Convention, which electrified those assembled for this event.

Among those honored guests who gathered, along with the many diligent workers of the Bethany Baptist Association, for this activity, were: Deacon and Mrs. Walter Brown, Jr. (Presidents of the state Laymen's

Movement and the Congress of Christian Education, respectively) and Rev. and Mrs. William Fuller (Mrs. Fuller serves as the President of the State Women's Department).

The Bethany Baptist Association, located in southern New Jersey, consists of seven counties from Burlington to the north to Cape May in the south; a total of 99 churches comprise this association, which is affiliated with the General Baptist State Convention

of New Jersey. Currently the association is in the process of completing a spacious and functional building, which will serve as a dormitory multipurpose structure, at Camp Cedar Knolls, the association's 45-acre camp ground located in Millville, New Jersey. The association is also looking forward to its semi-annual session to take place May 10, 1990, at the Friendship Baptist Church in Camden, where the Reverend Sidney J. Mills is the pastor.



Giants Players at First Park Baptist

George Martin and Terrence Jackson two of the exclusive 1986 New York Giant Superbowl Football stars, will speak to the youth of First Park Baptist Church in Plainfield.

Now retired from professional football, George and Terry are members of another exclusive organization called M.A.N., an acronym for minority athletes networking. This organization represents a diversified group of professions ranging from the field of law to the art of magic; from corporate executives to franchisers of every perspective.

M.A.N.'s objectives is to fo-

cus attention upon, and to provide an alternative for the plight of disadvantaged and underprivileged youth of the inner cities.

The Board of Christian Education at First Park Baptist Church is honored to have George and Terry speak to our youth to encourage them to stay in school, to pursue their dreams and to work hard to achieve their goals. We encourage our community youth to join us, Saturday May 19th, between 10 am and 12 noon at First Park Baptist Church 315 7th street/corner of Central ave. Plainfield. For additional information call 756-3322

African Heritage book expo in Harlem

The Fourth Annual National African Heritage Book Expo will be held on May 19 and 20, 1990 in Harlem, New York at the Harlem Tubman Elementary School, located at 250 West 127th Street

(between Frederick Douglas and Adam Clayton Powell, Jr. Blvd.). The Expo is Free to the public. Pre-registration for exhibitors is \$100; on-site registration is \$250. The Expo salutes "Who's Who in Inde-

pendent African Heritage Newspaper, Magazine, and Book Publishing." The theme for Expo '90 is "How To Control The Literary and Imagery Legacy of Malcolm X". For more information or to register,

call Dr. Mwalimu I. Mwadilifu at 1-804-547-5542 or write NAHBE, P.O. Box 15004, Great Bridge Station, Chesapeake, VA 23320.

Is there a college for you in New Jersey?

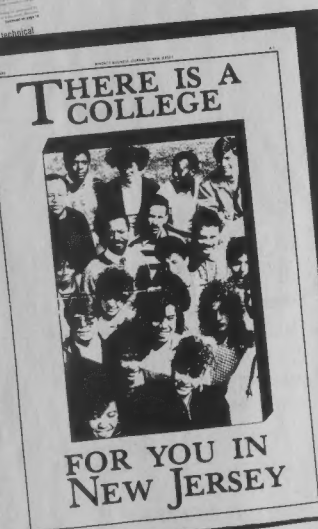
Find out in the May 1990 issue of the

Minority Business Journal of New Jersey



Ask for it at your

local newsstands or call 754-3400



CITY FIT

Grandmas give lots of advice — Is all good?

by Steven Levin, M.D.

(Dr. Levin is clinical instructor of family practice at the University of Medicine and Dentistry of New Jersey-Robert Wood Johnson Medical School. He lives in New Brunswick, N.J.)

There probably isn't much scientific merit in hanging garlic around your neck or in some of grandma's other home remedies. But often her advice for staying well makes good sense.

For example, "Starve a fever and feed a cold—chicken soup." Well, true and false. You should "feed" any kind of infection, because they use up energy, and food supplies energy. Feed a cold or a fever plenty of hot and cool liquids. Drinking healthful beverages liquefies mucus and helps replace lost body fluids.

Cool liquids like orange juice and tomato juice help because they are acidic, and viruses have more trouble living in acidic environments. Hot liquids, like tea and soup, raise mouth and throat temperatures to inhibit virus reproduction. As for chicken soup, it not only tastes good, its steamy vapors clear nasal passages. So do those of other hot liquids.

"Wear a hat, don't get your feet wet, and don't go out with wet hair, and you'll catch a cold." False. Colds are caused by viruses and nothing else. And there may be a thousand different cold viruses. Once you catch a cold, you are immune to the specific virus that caused it, but there are hundreds more.

"Don't play with kids who have colds." Right. Cold viruses can live on some surfaces for more than a day and on your hands for hours. So, if you touch the same ball, telephone or door knob as an infected person and then touch your eyes, nose or mouth, you can get sick too.

"Don't go out in cold

weather. You'll catch a cold." Wrong. It only seems that cold weather causes colds, because winter is the season when most people have them. But cold viruses infect more people in winter time because people stay indoors, away from fresh air and near other people who may be sick.

There is no cure for a cold, but there are lots of cold reme-

gies that may make you feel better. Antibiotics, however, have no effect on a cold, because antibiotics kill bacteria, not viruses. If you have strep throat, pneumonia or another bacterial infection, your doctor will order antibiotics right away, but don't ask him to prescribe these drugs for a cold or the flu.

It's a good idea to see your doctor if you feel very sick. But Grandma has good advice for cold sufferers too. Rest, drink plenty of fluids and eat a well-balanced diet that includes citrus fruits and, yes, chicken soup.

(This column is a public service of the University of Medicine and Dentistry of New Jersey.)

Women and high blood pressure

NORTH BRUNSWICK: "About 27 percent of women ages 18-74 have high blood pressure," states Ann Als, M.D., Clinical Pharmacologist at CIBA-GEIGY. "Even women who have never had high blood pressure may develop it during pregnancy. High blood pressure can develop rapidly in the last three months before childbirth. Both mother and baby may be endangered if the high blood pressure is not treated."

Blood pressure is the force exerted by blood against artery walls. Blood pressure reading is actually two measurements, expressed as a fraction such as 120/80. The first number, systolic pressure, is the maximum pressure of the blood flow when the heart beats. The second number, diastolic pressure, is the minimum pressure of the blood flow between beats. High blood pressure is defined as the presence of a blood pressure reading greater than 140/90 on several, successive occasions. It increases the risk of stroke, heart disease and kidney disease. Even mild elevations double the risk of stroke.

"Postmenopausal women are particularly at risk, with more than half of all women over age 55 afflicted with high blood pressure," Als says. "In fact, women over 65 are more likely to develop high blood pressure than men. Black women are especially susceptible, nearly twice more than white women. So are women who smoke, who are overweight, have a family history of high blood pressure, or take oral contraceptives. "So, have your blood pressure checked often, and if it's too high, work with your doctor to treat it," she states. "Limit your sodium intake, control your weight, exercise regularly, don't smoke and limit your intake of alcohol. A variety of prescription drugs are available if you need medicine to help control high blood pressure, so check with your doctor."

Als, who serves as co-chairman of the New Jersey Affiliate Women and Heart Disease Conference Committee, also attended the American Heart Association's "Women and Heart Disease Conference" held last fall in Washington D.C. This first nationwide conference marked the launching of a new initiative by the AHA, she states. "Topics presented focused on the extent of

the cardiovascular disease problem in women, risk factors and issues relevant and specific to women, as well as the leadership role that women must play in reducing their risk factors."

In this regard, the New Jersey Affiliate will host its own "Women and Heart Conference" on October 3 and 4 at Harrah's Marina Hotel Casino. "We want women leaders throughout the state to understand the issues confronting women and heart disease, how deadly and debilitating heart disease really is for women — and, in some instances, more so than for men," Als says. "We also want women to realize they can control the incidence of cardiovascular disease due to

their unique influence. Women have a special role in preventing heart disease in children, men and themselves. We make up the vast majority of the health-care professionals and educators — nurses, nutritionists, primary-care physicians and teacher. In all of these roles, women can make an enormous difference.

"For example," Als concludes, "women can make such a significant difference in lowering the incidence of high blood pressure, strokes and deaths due to strokes by reducing their risk factors as well as the risk factors of those around them. It begins with their awareness and their caring."



WHAT'S ALL THE FUSS ABOUT—That's what Jonathan Castillo (left) seems to be saying as he celebrates his fourth birthday while surrounded by his "host family" in the Pediatric Unit of Muhlenberg Regional Medical Center. Castillo was discharged Monday, May 7 from the Plainfield facility after seven weeks of treatment for a severely infected foot and other ailments. Jonathan, a native of the Dominican Republic, was brought to the U.S. for medical treatment by Healing the Children, a national organization that secures medical help for children. Also shown, are members of the "host family": Ellen Lake of North Plainfield, her husband Andrew, their son Justin, and their adopted daughter from Korea, Amanda. Jonathan is expected to spend the next four to eight weeks with the Lake family before returning to his hometown of Santo Domingo.

New Hospital Chief

(Continued from page 1)

objectives that sometimes sound like a paradox, said Mr. Lory. "Improving access to care and the quality of care, advance the cause of minority health issues, and motivate the health care workforce. At the same time we have to move aggressively to continue the trend toward cost containment. It's a complex, comprehensive challenge, and Mr. Story will be an important part of meeting it."

Mr. Story comes to Newark from Birmingham, Ala., where he was the assistant administrator of the 900-bed University of Alabama Hospital. He was responsible for an operating budget of \$18 million, a staff of 375 employees, and administrative duties, including cardiology services, radiation oncology and nuclear medicine. Previous positions included the post of assistant director of the 532-bed Ochsner Foundation Hospital in New Orleans.

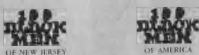
Leadership is Mr. Story's first concern. He believes that the best way to serve the consumer and improve the quality of care is to pay attention to the health care professional.

"The whole management-employee relationship in the health care industry, he said, "has to be rethought and reworked." "We have to dispense with the traditional top-down organization and

turn the triangle upside down. Management has to empower line employees, who are the real care providers, and form a partnership of trust and credibility. Then, together, we have to share the responsibility and accountability to turn the health care industry around. That's what the successful hospital administrator of the 1990s will do," Mr. Story is strongly committed to addressing minority health care issues.

"We've talked about the number of unique health problems that affect minority populations. All the documentation is there is respect to cardiovascular disease, hypertension, kidney disease, smoking, alcohol abuse, drug abuse, and premature births. Now let's do something about it. It's time to reach out directly into the community that surrounds us and do something definitive to improve the quality of their lives."

While born near Birmingham, Mr. Story is no stranger to the metropolitan area, having attended Cornell University in New York City for his B.A. (1976) in science education. He subsequently received an M.A. in administration of higher education from the University of Chicago, and an M.S. in hospital and health administration from the University of Alabama at Birmingham. He is a single parent and will be moving to the Newark-area with his eldest son, Ois R.



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for the 21st Century

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FAX 201-964-3835

Awareness program for expectant mothers

NEWARK, NJ—Saint Michael's Medical Center today announced an educational and health awareness program for expectant mothers and fathers.

Entitled "Bright Beginnings," the purpose of the program is to provide a resource for women to receive educational information about their expectant months as well as a series of valuable materials during the infant's first year.

"This unique program is our way of letting expectant families know how important they are to Saint Michael's," said Robert J. Maher, President. "We hope that we can contribute to a healthy start of a new life right from the beginning."

"Bright Beginnings," offered at no cost as a community service of Saint Michael's, will be made available to all women within the hospital's service area.

A major element of the program includes an informative newsletter containing timely in-

formation about the actual month of pregnancy a women is in. Expectant parents receive seven "pregnancy" issues and five "newborn care" issues.

Information about educational classes and seminars will also be included. Enrollment applications will be available in select physician offices, retail and pharmacy locations. Interested women may also enroll by writing to "Bright Beginnings" at Saint Michael's Medical Center, 268 R. Martin Luther King Jr. Blvd., Newark, N.J. 07102.

For further information, please call Marilyn Hamid at 877-5350.

Saint Michael's Medical Center is a regional referral teaching hospital offering specialized services in cardiology, infectious diseases, blood research, maternal/child care and other clinical programs. As a division of Cathedral Health Services, Saint Michael's is dedicated to the values of love, compassion, justice and reverence for life.

Duel winners of Home Health Aide Award

NEWARK—The New Community Home Health Agency has just announced that its Home Health Aide of the Year award will be split this year between Newark residents Lillian Asots and Blanca Morel.

Sr. Ann Tumally, Nursing Supervisor says, "Choosing one Home Health Aide of the Year was not possible because we could not choose between Lillian and Blanca. Both of them are excellent workers, and give generously of their time. They show true compassion and understand-

ing when caring for their patients. They are ideal Home Health Aides giving over and above what is asked of them and showing real concern for their patients."

Both aides are married. Acosta has five children and Morel has three.

The agency serves residents of Newark, Irvington, East Orange and parts of Maplewood. Services available include Nursing Needs Assessment, Personal Care, Bath Service and Light Housekeeping. For information, call (201) 733-2121.

CITY LIFE

Young MC's first Pepsi commercial hits network TV

The rap lyrics of Grammy Award winner Young MC helped launch a national, thirty-second Pepsi-Cola "Cool Cans" commercial recently on prime-time, network television.

Young spot made its national network premiere on NBC-TV's "My Two Dads," and it will also air throughout the month of May on Cable Network MTV.

The commercial coincided with the distribution of Pepsi's "Cool Cans" -- four boldly graphic versions of the traditional Pepsi-Cola logo -- which first appeared on supermarket shelves the week of May 1.

During the commercial's four, fast-moving dance vignettes, Young MC tells viewers how great-tasting Pepsi-Cola in "Cool Cans" will keep them "chillin'" in the warm summer weather.

The commercial was filmed on location in and around a high school in Venice Beach, CA., and features dancing and fashions favored by the rap life.

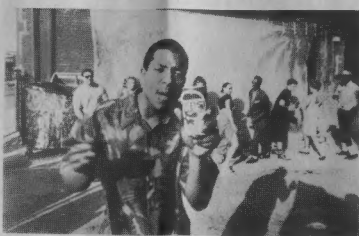
Written exclusively for Pepsi-Cola, the score will also be heard in Pepsi radio advertisements this summer.

"The spot is fresh, fun and every bit as distinctive as our summer 'Cool Cans' promotion," said Alan Potasch, Pepsi-Cola Company's Senior Vice President, Worldwide Creative. "Besides being an effective advertisement for 'Cool Cans,' we believe it will also make a broader audience aware of the appeal of rap music and talented artists like Young MC."

Young MC, whose real name is Marvin Young, was born in England and raised in Queens, N.Y. He has a bachelor's degree in economics from the University of Southern California. He currently has another Pepsi radio air commercial (he wrote the lyrics) in rotation on urban contemporary and CHR radio stations and is touring the U.S. with Milli Vanilli, named in the 1990 Grammy Awards as Best New Artists.

Young MC also gained international acclaim as co-writer of rap's largest selling single of all time, Tone-Loc's "Wild Thing." His credits include the smash hit "Bust A Move," and the 1990 American Music Award's Best New Rap Artist honors. He also won this year's rap Grammy as well, the first time the category received television recognition.

This commercial and all Pepsi commercials are created under the supervision of Alan Potasch and agency BDDO/NY.



COOL CANS—Young MC, recent Grammy Award winner as the "Best New Rap Artist," uses his own composition to sing the praises of Pepsi-Cola and its bold, new "Cool Cans." In the rap artist's first prime-time television commercial, An economics graduate of the University of Southern California, Young MC gained international acclaim as co-writer of rap's largest selling single of all time, Tone-Loc's "Wild Thing."

subscribe to

City News

Call 754-3400

Opera Ebony—a hit in Newark

The Carter G. Woodson Foundation's first gala benefit featuring Opera Ebony was enthusiastically received by the Newark community last Sunday at the Newark Museum.

More than 200 opera fans and supporters of the Woodson Foundation were serenaded by the New York based opera company that spotlights the work of such composers as Wolfgang Amadeus Mozart, Giuseppe Verdi, and George Gershwin.

During the benefit reception following the show, Newark mayor Sharpe James praised the opera company and the Woodson Foundation. He told the reception audience, "I thought I could sing until I heard the fantastic voices these singers exhibited tonight. Newark is indeed proud to host such a superb performance, and we are especially proud of the work that the Woodson Foundation has done in bringing culturally enlightening and uplifting

events to our city."

Secretary of State Joan Haberer said that Opera Ebony and the other events presented by the Woodson Foundation during its OnStage in New Jersey series were a beacon to the state of New Jersey's growing cultural community.

East Orange mayor Cardell Cooper designated Sunday May 6 as "OnStage in New Jersey Day" in the city of East Orange. Mayor Cooper said he "encourages the citizenry of East Orange to participate in the events of the Woodson Foundation."

County of Essex Freeholder Leroy Jones, Jr. presented Philip Thomas, president of the Carter G. Woodson Foundation, with a resolution commending the work of the Woodson Foundation for "its efforts in ensuring the continuous growth and revitalization of cultural arts in the City of New Jersey."

New Jersey State Council on the Arts chairperson Elizabeth Christopherson said "The Council is personally pleased with the work of the Woodson Foundation in providing access for audiences that need to be exposed to the Afro-American artist and culture. I commend you [the Woodson Foundation] for taking risks to provide this access by presenting not only the established artist but lesser known artists as well."

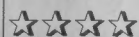
Among others in the audience were Jeffrey Kesper, executive director of the New Jersey State Council on the Arts, Coors Brewing Company Community Relations Field Manager David Vaughn, a long-time supporter of the Woodson Foundation, and Andy Glover of Premiere Wine Merchants.

Proceeds from the Opera Ebony gala will benefit the Woodson Foundation's Artists-In-The-Schools program, which is designed to instill in young people an early appreciation for the performing arts while enriching their understanding of African-American culture.

The Artists-In-The-Schools program includes the Paul Robeson Education Project, the Langston Hughes Education Project, the Jazz Residency Program, and the Discover Africa Education Project. Currently, the Artists-In-The-Schools program is in operation in the Newark, Paterson, and Englewood school districts.

The Opera Ebony concert and reception were made possible by funding from the New Jersey State Council on the Arts, the National Endowment for the Arts, The Newark Museum, Coors Brewing Company, The Prudential Foundation, and Premiere Wine Merchants.

The Screening Room By Dean Sluyter



CHATTahoochie

Cuckoo's Nest Revisited

The opening fifteen minutes of so of "Chattahoochie" is intensely fresh filmmaking, the kind of footage that makes you think, Yes, I'm seeing something I've never seen before, my eyes are being opened, this is a new vision. We're in a lower middle-class Florida suburb in the mid-Fifties. Emmet Folger, a Korean War hero, feverishly loads his service revolver, rushes out through the screen door, commences shooting up the neighborhood, shouts out that someone should call the police, and runs back inside to reload.

As the panicked neighbors react, the cops arrive, the hours-long standoff begins, and, finally, Emmet turns his gun on himself, we're always aware of the sunny tropical blue sky (later settling into humid dusk), the hopefully tidy little houses, the perfectly opaque mindset of the neighbors. As seen through the eyes of British director Mick Jackson, the familiar American landscape takes on the exotic quality of a curious foreign land. The silent factors of time, place, mood, and the consciousness of the community itself are realized with satisfyingly precise specificity as they manifest themselves around the noisy pivot point of Emmet's breakdown.

Emmet surfs his inept suicide attempt and winds up in Chattahoochie, a horrifying rural snake-pit of a mental institution. These are the days before such newfangled, liberal notions as patients' rights, humane treatment, decent accommodations, or even treating the insane rather than merely imprisoning them have worked their way down to the Florida swamps. We see inmates virtually enslaved, beaten, shoving into scalding showers, and forced to sit in their own excrement by brutal guards who are shielded by indifferent or vindictive officials.

The British actor Gary Oldman, who has so bone-rattling effective as Sid Vicious in "Sid and Nancy," gives another superb performance as Emmet. Oldman has—or manages to appear to have—the kind of weak-chinned face that suggests country folk who've been back in the hills inbreeding for one generation too many. With remarkable clarity, his nervous eyes register fear, hopelessness, panic, the confusion of marginal sanity, and, ultimately, his rising determination to save himself.

Also excellent is Dennis Hopper as Walker Benson, an inmate who befriends Emmet. Hopper, of course, is famous for playing off-the-deep-end types.

The quiet thread that runs through the film is Emmet's gradual mobilization into reacting against this abuse and, in so doing, finally taking charge of his own life. Rising from the nadir of despair he reached in his suicide attempt, he begins to study law and to document the abuses he has witnessed, scribbling his notes in the margins of bibles that his loyal sister (Pamela Reed) smuggles out.

The film is occasionally uneven. Continuity within scenes is often weak—shots are cut together that don't properly match. In one early scene, where Emmet is interviewed by a court psychiatrist, his thoughts are revealed in some unnecessary and very clumsily dubbed lines of voice-over, apparently a post-production afterthought. And one very touching nighttime scene—in which Emmet describes his disastrous sex life while, in the next cut, the desperate Walker, oblivious to the story's tragedy, is aroused—is almost destroyed by gratuitous cutaways to the sex that Emmet describes.

But these instances of sloppiness and miscalculation scarcely blunt the film's power, which derives largely from its unflinching straightforwardness. It confronts material similar to that of "One Flew Over the Cuckoo's Nest" but head-on, without the poetic heroism of that film. Instead it depends on visual poetry, finding strange beauty, even in a filthy barracks full of the most wretched sufferers.

☆☆☆☆ Extraordinary ☆☆☆ Excellent ☆☆☆ Acceptable
☆☆☆ Expendable ☆☆☆ Exciting

BILLBOARD

Wednesday, May 16

TRENTON—The achievements of New Jersey's special education students will be recognized with an outdoor festival at the Katzenbach School for the deaf. A petting zoo, amusement rides, clown, dunk, face painters, storytellers, arts and crafts will be there. For further information call 609-695-7600.

Thursday, May 19

PLAINFIELD—The Plainfield Urban Women's Center announces the Second Annual Awards Tea From 2-4 p.m. at the Terrace Room of the YWCA.

PLAINFIELD—The Kings Daughter's Day School is sponsoring a bus ride to Great Adventure. Bus departs at 10 a.m. from the school. Tickets are \$30 which includes bus and admission. For further information call 756-7788. Ask for Eddie.

EAST RUTHERFORD—The 1990 COORS Extra Cold Super Challenge comes to Giants Stadium, the Meadowlands at 7:30 p.m. The AMA Supercross will feature riders from Team Kawasaki, Team Yamaha and Team Suzuki. An amateur race will be held on Sunday. For further information call 201-507-8900.

FREEHOLD—The Shrewsbury Choral will present Arthur Honneger's "King David" as the final concert of the 1989-90 season. The work will be presented in one performance only at 3 p.m. at the First Presbyterian Church in Freehold. For information call 201-747-4582.

May 21-23
BASKING RIDGE—Open casting for parts in Meredith Wilson's Music Man will be held in the Little Theater at Ridge High School at 7:30 p.m. Performances are scheduled for July. For further information call 201-647-6392.

Tuesday, May 22

WAYNE—High school, college and community musicians are once again invited to audition for the 18-member William Paterson College Summer Jazz Ensemble, which will perform at the college in July and August. Auditions will be held from 7:30 to 9 p.m. at Shea Center. For further information call 201-595-2315.

Monday, May 28, 1990

ORANGE—The annual Memorial Day Parade will commence down Main Street then South on Oakwood into Orange park with a reviewing stand in the Soldiers park by the monument on Main Street. A Memorial Day Family Unity Day will be held in Orange Park to include something for all family members. For further information call 266-4045.

Through June 3

NEWARK—"Sheila's Day" the South African and African-American based production of drama, humor, music and dance continues through Sunday, June 3 at 7 p.m. For additional information call 201-643-8009.

(Continued from page 1)

paired in the movie "Moonstruck" with Cher.

The actor told the audience he still remembers growing up poor and fatherless in New York City, without even a decent pair of shoes. "If not for the grace of God, I could have easily been one of the homeless. Every day, I thank God that I have a roof over my head." The actor added, "I do whatever I can to benefit the homeless. I have committed myself to you in Newark, New Jersey and to 'Comic Relief,' to do whatever I can to keep people from being homeless."

Zmuda praised HBO, Aiello, Williams, Crystal, Goldberg and all the comedians, actors and performers for making "Comic Relief '90," possible. Zmuda told the onlookers, "This is what it is really all about. It is about putting talented people together to use their creative talents to help the homeless. People like Danny Aiello, Billy Crystal, Robin Williams and Whoopi Goldberg are people who really care about the issue of homelessness."

Mayor James thanked Aiello, Zmuda, Rodino and the HBO officials for their efforts to help Newark's homeless. "I

have found that when we help agencies like the 'Y,' and the Lighthouse Community Shelter, 487 Washington Street, Newark, we are really helping ourselves. We all must be concerned about our fellow citizens. We must come together as one people or separate and suffer the pain and division of a divided nation."

The Mayor added, "The whole idea of bringing great entertainers together to help the homeless and unfortunate, to give hope not hope and to man, rich America is just fantastic. We in the City of Newark will certainly do our part."

Rodino concurred and said we must commit ourselves to the Constitutional pledge of "securing the blessings of liberty" for everyone in this generation and the next. "That's the main reason I am here to today, to make sure that the blessings of liberty are not just the privilege of a private few. Freedom is for all people. Those who are homeless, disadvantaged or stricken with the terrible disease AIDS must know that there is someone reaching out to help them."

"We are a nation," Rodino continued, "whose greatness does not lie in our military or economic strength, but in the strength of our caring and compassion. Only in this way can we secure the blessings of liberty and relieve the problem

of the homeless."

Comic Relief officials said that donations will go toward providing health care services for Newark's homeless, specifically for preventive testing for homeless children. Today's check presentation brings the total funds awarded to the City of Newark to \$201,000.

Zmuda said that in the four years since the inception of "Comic Relief," the national organization has raised over \$9 million, distributed to health care programs for the homeless in 23 American cities. In 1985, Newark was the only Garden State city to be presented with a donation from Comic Relief.

Finally, Zmuda noted that some stars are coming onboard because they personally experienced homelessness. He revealed how Michael Keaton, star of the movie "Batman," told him he wanted to be on the show because he was homeless for 9 months before he got his big break in Hollywood.

Mayor James, Rodino and HBO/Comic Relief officials thanked YMWCA director, William Wimberly for allowing the ceremony to be held in the YMWCA facility.

Information about donating or participating in "Comic Relief '90," may be obtained by calling the Newark Comic Relief '90 office at (201) 733-8190.

Channel 16
NEWARK ENTERTAINMENT NETWORK
"The Best of Everything"

In Union County call:
754-3400
 8:30 a.m. - 5:30 p.m.

CITY NEWS

In Essex County call:
504-9300
 8:30 a.m. - 5:30 p.m.

HELP WANTED	HELP WANTED	HELP WANTED	HELP WANTED	HELP WANTED	HELP WANTED	HELP WANTED	BUSINESS OPPORTUNITIES	BUSINESS OPPORTUNITIES
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TAX COLLECTOR

The City of Plainfield is seeking a Certified Tax Collector with a minimum of 2 years experience in the position of Tax Collector, Residency Required. Send Resume to: City of Plainfield, Attn: Personnel Division, 615 Watchung Avenue, Plainfield, NJ 07060. An Equal Opportunity Employer.

DISTRIBUTORSHIP AVAILABLE

PISCATAWAY/OLD BRIDGE

J.T. Merchandise Services, Inc. is looking for a man or woman to serve customers. No experience necessary!

Working capital is required, financing may be available to qualified individuals. Send resume to: P.O. Box #1460, Cherry Hill, New Jersey 08003

WANTED COLLEGE STUDENTS WITH NO ASSOCIATES DEGREE

The Navy's SCOP provides 16 weeks of intensive college training to complete baccalaureate degree requirements and obtain Navy officer commission. All majors considered. Full Military Benefits. Earn more than \$1,000 a month plus benefits. The program is open to all college students. Age 18 to 28, no more than 2 years of college. Must be a U.S. citizen. Must have a minimum GPA of 2.5. Send resume to: SCOP, 615 Watchung Avenue, Plainfield, NJ 07060. An Equal Opportunity Employer.

POSITIONS WANTED

Dependable in home day care. Certified home provider care for your infant/toddler in my registered home. Weekly fees to fit your budget. Family type atmosphere. For more information please call 672-4572.

PLAINFIELD-If you need your house or office cleaned, call Maria at 757-747-9394. Flexible hours, day or evening

Certified Nursing Assistant

Will care for elderly days and weekends. Experience, excellent references, own car. Call 201-674-2301.

Are you a working mother?

Do you need someone to care for your child. I have the solution for you. Child care from my East Orange home for ages 1-5. Reasonable rates. Call 414-0511 for an appointment.

Home away from home for your toddler.

For toddlers and loving environment please call Sheri at 677-0313 for further details. Located in East Orange.

TEMPORARY JOBS

The US Census Bureau is currently testing locally for hundreds of temporary jobs. These interesting jobs in your neighborhood are starting to be filled now. \$8.75 to \$9.50 per hr. Call 789-2990 for more information. E.O.E.

ARTISTS/ILLUSTRATORS/POLITICAL SATIRISTS

Freelance artists/illustrators needed for Plainfield and Newark newspapers. Submit resume and samples of comic and political satire to NCH06, PO Box 22889, Newark, NJ 07101.

WRITERS

Freelance writers, needed to cover events in the Plainfield and Newark areas for local newspapers. Send samples to work to NCH 105, PO Box 22889, Newark, NJ 07101.

RADIO ANNOUNCER-PART TIME

RADIO NEWS READER-PART TIME

Radio Station WMOG is seeking to fill two positions: Part-time announcer for Saturday night, 7 to mid-night. Minimum 2 yrs. commercial radio experience. Good voice, diction and knowledge of "olides." Part-time news reader for morning drive (6-9 a.m.) Mon-Fri. Must have good voice, good diction and good news judgment. Some phone work and light typing.

WMOG is an equal opportunity employer.

Apply in person with audition tape:

WMOG
 78 Veterans Avenue
 Somerset, NJ
 (just off Route 27)

DEPUTY CITY ADMINISTRATOR

The City of Plainfield is seeking a Deputy City Administrator. BA degree in Business/Political Administration or related field. Minimum 5 years experience in supervisory administrative capacity. Send Resume to: City of Plainfield, 615 Watchung Avenue, Plainfield, NJ 07060. Division of Personnel-3rd Fl. An Equal Opportunity Employer.

PROJECT AND ADMINISTRATIVE DIRECTOR

To organize and administer projects where volunteer accountants service low-income people and small nonprofit groups. Requires automotive and administrative, organizing and program development background. Salary mid-to-high twenties. Resume to Accounts Payable for the Public Interest, 127 Watchung Avenue, Plainfield, New Jersey 07060.

AFRIKAN WARRIORS

Needed Male/FEMALE
 Call 561-4361

Infant Care

Neighborhood home care infant space available now for ages 6 months to 2 1/2 years. Cost \$75 weekly. Brand new facility. Quality care, professional staff. Call 757-7100, 644 West 4th St., Plainfield.

MAINTENANCE PERSON

Part time. Call jobs. Light Repairs. Call "Kings Daughters Day School" 201-788-7788.

ATTEN: Excellent Income for Home Assembly Work

Info. Call 504-646-1700 DEPT. PE155

REGISTERED NURSE-PHIC

Community Ambulatory Health Center, 9 to 5, Monday thru Friday. Wednesday Rotation 1-8. 12 Holidays, vacation and medical leave. Plainfield Health Center, 608 West 44th Street, Plainfield, NJ. Mr. Brown 754-6486.

Nurses

Certified Nurses Aides needed at Newark Extended Care Facility. RNs and LPNs needed on the 9 to 11 shift. Certified Nurses Aides needed for the 7 to 9 p.m. shift. Newark Extended Care Facility, 65 Jay Street, Newark, NJ. We are an Equal Opportunity Affirmative Action Employer.

Day Care Teacher Assistants

Full-time & Part-time positions available. Must enjoy working with children. High School diploma or GED. Kings Daughters Day School 756-7788.

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Distributorship in Piscataway/Old Bridge area. Retail grocery and general merchandise route. Need serious, qualified men and women to own and operate their own business.

Existing customers available

*Company delivery vehicle available with insurance

*No years experience in this field.

*4-6 weeks training on the route provided.

Not a job, but your future, where your efforts and desires to be successful determine your income. Opportunity awaits if you qualify call Bill Snell on weekdays at 445-4465

CITY OF PLAINFIELD PUBLIC AFFAIRS & SAFETY DIVISION OF RECREATION HAS THE FOLLOWING JOB VACANCIES:

INSTRUCTOR - TRACK & FIELD

15 hrs. per week - 3 days per week. \$10 per hour. High School graduate and/or special training in this specialty. Thorough knowledge of subject activity or program to be taught and the ability to supervise and direct subordinates. Ability to organize, develop and coordinate special programs. Must possess a valid NJ Driver's License.

INSTRUCTOR - BASKETBALL

15 hrs. per week - 5 days per week. \$10 per hour. High School graduate and/or special training in this specialty. Instructor must have a thorough knowledge of subject activity or program to be taught and the ability to supervise and direct subordinates. Must possess a valid NJ Driver's License.

SUMMER SWIM PROGRAM DIRECTOR

6 hrs. per week - 7 days per week. \$10 per hour. Considerable knowledge of the methods and problems involved in planning, promoting, developing and supervising a recreation swim program. Must possess a valid NJ Driver's License.

3 SWIMMING POOL NIGHT WATCHMEN

28 hrs. per week - 7 days per week. \$6 per hour. Must be High School graduate plus one year recreational work. Must possess a valid NJ Driver's License.

4 WEEK-END PLAY-GROUND LEADERS

16 hrs. per week - 2 days per week. \$6 per hour. Must be High School graduate plus one year recreational work. Must possess a valid NJ Driver's License.

4 EVENING PLAY-GROUND LEADERS

20 hrs. per week - 5 days per week. \$6 per hour. Must be High School graduate plus one year recreational work. Must possess a valid NJ Driver's License.

8 SUMMER PLAY-GROUND LEADERS

25 hrs. per week - 5 days per week. \$8 per hour. Must be High School graduate plus one year of college or one season. Will receive recreation work may be substituted for college. Knowledge of organization of leagues, tournaments and of materials used and rules and methods for facilitating recreational games.

20 LIFE GUARDS

40 hrs. per week - 5 days per week. \$6.8 per hour. Must be at the 11th or 12th grade level. Must possess a valid American Red Cross Senior Lifeguarding Certificate and a valid Red Cross CPR Certificate.

4 WATER SAFETY INSTRUCTORS

8 hrs. per week - 5 days per week. \$8 per hour. High School graduate and/or special training in this specialty. Instructor must have a thorough knowledge of subject activity or program to be taught and the ability to supervise and direct subordinates. Ability to organize, develop and coordinate special programs. Must possess a valid NJ Driver's License.

INSTRUCTOR - TENNIS

15 hrs. per week - 3 days per week. \$10 per hour. High School graduate and/or special training in this specialty. Instructor must have a thorough knowledge of subject activity or program to be taught and the ability to supervise and direct subordinates. Ability to organize, develop and coordinate special programs. Must possess a valid NJ Driver's License.

4 TENNIS ATTENDANTS

25 hrs. per week - 5 days per week. \$4.50 per hour. Completion of the 10th grade. Knowledge of the purpose of recreation. Under direction, make reservations and collect fees at a city recreation tennis facility.

LINGERIE SALES

Improve your income and your lifestyle selling luxurious lingerie. Managers needed. Home party plan. Call 674-3183 after 5 p.m.

GOVERNMENT JOBS

\$700 to \$1500 weekly! 201-722-9922 Ext. D2 brochure

Be an undercover

wear women's consultants needed P/T & F. Hottest earners free lingerie. Call Gina 201-321-1546.

All Male Fashion Show

Wanted models of all ages and sizes for Elegant Men of the 80s Contest. Pory Fashion Show and Dinner on Father's Day, June 17 at 8 p.m. Symphony Hall, Terrace Ballroom, 1000 Broad St., Newark, NJ 07102-4374. 5551 or 212-714-8252

RUMMAGE SALE

TWICE AS NICE

Used clothing and housewares sale. Tues, 5-15, 5:30-9 p.m. Wed, 5-16, 9:30 a.m.-3 p.m. Holy Cross Church 40 Mercer Avenue North Plainfield.

FOR SALE

APPLIANCES

Used refrigerator, \$100; Stove by side \$200. Washers and dryers, \$50 and up. Call 786-6403.

ATTENTION! BUSINESS SEEKERS!

Food and general merchandise route business in Piscataway/Old Bridge area. REAL business opportunity available, limited only by YOUR Training available. Working capital required with some financing available. Send resume to: Sheryl Schultz 511 Veterans Avenue, Suite B, Plainfield, NJ 07060-1359

COMMAND YOUR FUTURE

On route for tomorrow. Command your own future as an officer in today's Navy—join up! Right people working with the best in their field. Today's Navy is sophisticated. It's broad and provides leadership training in executive, professional, and scientific fields. It's a head start on the scale of success. Navy officers are well paid. Special allowances and exceptional benefits mean a life to people on their own way. If you're a U.S. citizen aged 19-28, have not served in the military, and have no physical or mental conditions that would disqualify you, you may be right. Ask your recruiter about the challenges in today's Navy. For more information, call IN NJ 1-800-822-0195; IN NY 1-800-262-8331



IN NJ 1-800-822-0195; IN NY 1-800-262-8331

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Classified Advertising Order Coupon

You may use this coupon to order Classified, Personal or Service Directory advertisements. Ads must be paid in advance by check or money order. Fill out and mail this coupon to:

CLASSIFIED ADVERTISING DEPARTMENT

ATTN: Lorraine Hickman
 PO Box 1774
 PLAINFIELD, NJ 07061

Please make checks payable to the Plainfield Today Company. Classified rates are \$1 per line, per week. Minimum ad size is 3 lines. Personal ads are \$5 for up to 5 lines for 2 weeks. The Service Directory is \$15 per week for a minimum of 10 weeks. If you prefer to call in your advertising order between 9 a.m. and 5 p.m., call:

(201) 754-3400 or (201) 504-9300

Please print your advertisement in the space below. Refer to other advertisements currently running to pick up some ad copy preparation ideas. Estimate 25 letters and spaces per line.

Classified Personal Service Directory

Amount Enclosed: _____ Check _____ Money Order

Name (please print) _____

Address _____

City _____

State/Zip _____

Telephone: Day () _____ Evening () _____

Signature _____

CITY NEWS CLASSIFIEDS

754-3400

9 AM-5 PM

MON-FRI

Home away from home for your toddler.

For toddlers and loving environment please call Sheri at 677-0313 for further details. Located in East Orange.

Are you a working mother?

Do you need someone to care for your child. I have the solution for you. Child care from my East Orange home for ages 1-5. Reasonable rates. Call 414-0511 for an appointment.

Will care for elderly days and weekends. Experience, excellent references, own car. Call 201-674-2301.

Light tasting in the world's most sophisticated venue. To qualify: *60 college senior hours *99.12 *Single 19-24 years old *2000 venue and good health *To learn more about the opportunities available for becoming a Naval Officer and Pilot: Call 201 (602) 2060 or in New Jersey 1-800-822-0195 in New York 1-800-822-0195

Send Resume to: City of Plainfield, Attn: Personnel Division, 615 Watchung Avenue, Plainfield, NJ 07060. An Equal Opportunity Employer.

Improve your income and your lifestyle selling luxurious lingerie. Managers needed. Home party plan. Call 674-3183 after 5 p.m.

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Freelance writers, needed to cover events in the Plainfield and Newark areas for local newspapers. Send samples to work to NCH 105, PO Box 22889, Newark, NJ 07101.

Part-time announcer for Saturday night, 7 to mid-night. Minimum 2 yrs. commercial radio experience. Good voice, diction and knowledge of "olides." Part-time news reader for morning drive (6-9 a.m.) Mon-Fri. Must have good voice, good diction and good news judgment. Some phone work and light typing.

Wanted models of all ages and sizes for Elegant Men of the 80s Contest. Pory Fashion Show and Dinner on Father's Day, June 17 at 8 p.m. Symphony Hall, Terrace Ballroom, 1000 Broad St., Newark, NJ 07102-4374. 5551 or 212-714-8252

Used clothing and housewares sale. Tues, 5-15, 5:30-9 p.m. Wed, 5-16, 9:30 a.m.-3 p.m. Holy Cross Church 40 Mercer Avenue North Plainfield.

Food and general merchandise route business in Piscataway/Old Bridge area. REAL business opportunity available, limited only by YOUR Training available. Working capital required with some financing available. Send resume to: Sheryl Schultz 511 Veterans Avenue, Suite B, Plainfield, NJ 07060-1359

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Working capital is required, financing may be available to qualified individuals. Send resume to: P.O. Box #1460, Cherry Hill, New Jersey 08003

Improve your income and your lifestyle selling luxurious lingerie. Managers needed. Home party plan. Call 674-3183 after 5 p.m.

Freelance artists/illustrators needed for Plainfield and Newark newspapers. Submit resume and samples of comic and political satire to NCH06, PO Box 22889, Newark, NJ 07101.

Freelance writers, needed to cover events in the Plainfield and Newark areas for local newspapers. Send samples to work to NCH 105, PO Box 22889, Newark, NJ 07101.

Part-time announcer for Saturday night, 7 to mid-night. Minimum 2 yrs. commercial radio experience. Good voice, diction and knowledge of "olides." Part-time news reader for morning drive (6-9 a.m.) Mon-Fri. Must have good voice, good diction and good news judgment. Some phone work and light typing.

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Freelance writers, needed to

CITYSPORTS

Dave Winfield: A pioneer in the tradition

A
VIEW
FROM
THE
SIDELINE

by Fern Taylor
City News Writer



more volition and boldness to demand fair, humane treatment in his profession, Steinbrenner, who doesn't like to lose (although he should be used to it, the way the Yankees have played) recently took the coward's way out, conducting a covert, underhanded George-like trade of a future Hall

man — 10 years in the majors, the last 5 with the same team — that says he can veto any trade, a power which he has exercised. The Yankees claim they can trade him to any one of seven teams Winfield listed as teams to which he would approve a trade. An arbitrator will decide the matter on Thursday.

"Nobody tells Winfield when and where he is going to play."

Dave Winfield

of Fanner to the California Angels for journeyman pitcher Mike Witt.

Winfield will have none of it. "Nobody tells Winfield when and where he is going to play," he said on a recent radio show. "As of now, I'm not going anywhere."

Winfield has rights as a 10-5

I hope Dave wins the arbitration, gets away from George and the mess he's made of a once proud Yankee franchise, and leaves town. I want him to go to California and perform like Ricky Henderson did when he left, tearing up the league with his arm and bat. If his injured back is healed, I think he can do it. What a field day folks will have with George if that happens.

Who cares, some might ask. In this battle of rich against rich, rich will win again. Steinbrenner will continue to get his millions and Winfield also will continue to make millions.

Look at Winfield's stance in the tradition of African-American athletes who were bold enough to take a stand.

But before you brush this off as just another episode in "Lifestyles of the Rich and Famous," one can look at Winfield's stance in the tradition of African-American athletes who were bold enough to take a stand against what they rightly felt was unjust treatment.

In baseball, Jackie Robinson withstood all types of verbal and physical abuse and mistreatment from players, fans and media en route to breaking the color line in the Major Leagues. He took a stand.

Like Winfield, they called Curt Flood greedy and arrogant. But twenty years ago, Flood, now hailed the "Father of Free Agency," believed that professional baseball players should have some say on play and pay. Now pros can play anywhere and get paid megabucks. Just another case of a strong brother taking a stand.

American athlete to get an athletic scholarship, Thompson stood tall, and the NCAA revised its policy.

Now you have Winfield, founder of the Winfield Foundation who refuses to be intimidated by a man who allegedly paid a gambler named Howard Spira \$40,000 to conduct a smear campaign against his children's charity foundation.

Like Robinson, Flood, Thompson and countless other African-American athletes, Winfield is standing tall, in the tradition, so that future athletes will benefit from his actions.

Black Rodeo

(Continued from page 1)

said. All talent within the Black community will be used to make the event a successful one, Givenes said.

The Championship Rodeo, slated for Saturday June 9 at Barley Field (formerly East Side High Football field) corner of Graham & Oak Street, Paterson, will feature Cowboys & Cowgirls from as far away as Texas & Oklahoma plus about 30 Native

American Indians in their native garb.

This exciting event is being produced by Carlos Foster, Urban Western Riding Program of the Bronx and W.R. Tex Womble - Tri-State Rodeo Co. of Orange, N.J.

This is a first for the city of Paterson, and the most exciting event over in our town. Givenes surges all to come out and bring the kids.

Payne cosponsors National Health Care resolution

(Continued from page 1)

Congress has agreed with the two-thirds of the American public who want a National Health Care System. Citizen Action believes the Resolution is an important first step towards enactment of such a program.

Victor DeLuca, a member of the NUCA Board of Directors and Director of the Ironbound Community Corporation, thanked the Congressman for taking a leading role on this issue. "The people of Newark are fortunate to have Congressman Payne representing them in Washington. It is clear that we need such a system to properly

meet our Health Care needs," DeLuca stated.

Mr. DeLuca referred to a study released at the event, entitled "The American way of Health Care: Paying more and Getting Less." He stated, "The costs of Health Care in the United States are out of control, we spend more than 11% of our GNP on Health Care, while the average industrialized nation spends only 7% of GNP. Yet we have far from the best health care, as documented in the study, millions have no health insurance, more and more communities are facing health care shortages and our infant and child mortality rates are far

worse than many industrialized countries."

DeLuca pointed out, "the one common thread is that, every other industrialized country, other than South Africa, has a National Health Care System. Far too much of our Health Care dollars are wasted on administration and duplicative billing systems. It is time that the Congress recognizes that Health Care is A Right, Not a Privilege!" Joining DeLuca in asking the Congressman to co-sponsor the resolution were John Carlano, President of the New Jersey Public Health Association; Keith Jones, President of the State Conference

of NAACP Branches; Bob Regan, Communication Workers of America Local 1037; Dorothy Emerson, CWA Retirees; Carole Graves, President of the Newark Teachers Union; David Burgess of the Metropolitan Ecumenical Ministry; and David Lazarus of the Community Mental Health Law Project.

New Jersey Citizen Action is the state's largest citizen coalition with over 82,500 individual members and 65 affiliated organizations. These groups represent community, labor, senior citizen, environmental and religious organizations.

New City Administrator (Continued from page 1)

lection of Brewer involves the search for a new candidate. Mitchell in his written press release claims an "extensive outreach." He says that his search committee advertised in the New York Times, solicited resumes from professional organizations, and recruited actively at a national convention of professional administrators in Washington, D. C. Additional information includes the fact that all of Brewer's experience including schooling and work experience has been in Virginia except for one year of study at Alaska University School of Social Science.

Another issue that the mayor will have to deal with is convincing the council that Brewer should be paid \$70,000, the same salary as Gibson who has years of varied experience and a law degree.

As outgoing City Administrator, Harold Gibson said, "This is a difficult time for the city. We are in negotiations and other city business is at a critical level."

Some city hall observers question the timeliness of this move by the mayor; and see this nomination as



Out at 3rd

leading to another round in the never ending battle of Mitchell and the city council?

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